

## Tree ID resources

### Apps

- PlantNet
- LeafSnap
- iNaturalist
- Seek
- Google Lens

### Websites

- dof.virginia.gov
- discoverlife.org

### Did you know:

The Cottonwood tree by the Lupton Access entrance sign was documented as the third largest Cottonwood tree in Virginia in 2019!



Seven Bends State Park is a day-use park located in the geographically unique Seven Bends area of the North Fork of the Shenandoah River.

We provide public access to the North Fork of the Shenandoah River. Here you will find two hand-carry boat launches, picnic areas, one single family-sized picnic shelter, vault restrooms, and 8 miles of hiking trails.

We provide water and land based outdoor recreational and educational opportunities while protecting and interpreting the spectacular scenic viewshed and geological, natural and historical resources of the storied seven bends area.

Contact us at:  
[sevenbends@dcr.virginia.gov](mailto:sevenbends@dcr.virginia.gov)



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**Seven Bends State Park**  
2111 S. Hollingsworth Road  
Woodstock, VA 22664  
Phone (800) 933-7275

*Virginia State Parks*

## Trees of Seven Bends State Park



**I  
LOVE**  
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[www.virginiastateparks.gov](http://www.virginiastateparks.gov)

## Tree-mendous Facts

Two mature trees can produce over 500 pounds of oxygen each year. That is enough oxygen for a family of four to breath for a whole year.

Riparian buffers are the natural vegetation beside a river or stream. The plants that are found here help filter out pollutants, help control erosion and help shade the water to keep it cool.

Excellent hiding places can be found in the leaves, branches and roots of trees to help keep animals safe.

Examples of things made from trees include houses, furniture, toothpicks, baseball bats, musical instruments, charcoal, fences, floors, boats, cabinets, canes, barrels, decks, doors, matches, canoe paddles, poles, pencils and much more.

The following is a list of trees most often seen around Seven Bends State Park  
How many can you find?

American Sycamore



Pawpaw



Eastern Red Bud



Northern Red Oak



Boxelder



Black Locust

