

Sensory Scavenger Hunt

Challenge yourself and tune into your senses. Explore the park or even your own neighborhood to search out the listed items below. Please stay on marked trails and take plenty of time to enjoy the experience of your surroundings.

LOOK FOR:

- Berries on a branch
- Animal tracks/signs of wildlife
- Cloud shapes
- Birds soaring overhead
- Signs of an early spring
- Puddles or ice
- Your breath
- Seed pods
- Signs of erosion
- Three different species of trees
- Wading birds/waterfowl
- Signs of life in a vernal pool

SMELL:

- An evergreen tree (Cedar/Pine)
- Tree bark
- Mud/Soil
- Snow (if any has fallen)
- A handful of leaves

FEEL:

- Rough tree bark
- Something squishy
- Mud/Soil
- Water on your fingertips
- Crunch a handful of leaves
- The breeze or sun on your face

LISTEN FOR:

- Birds chirping and singing
- The wind rustling through the branches of the trees
- Water lapping on the lakeshore or babbling through a nearby streambed
- Footsteps or sounds of happiness from people nearby
- Animals scurrying along the forest floor
- Nature's Grand Silence